



THE NORTHEASTERN UNIVERSITY SWIM CLUB'S ANNUAL REFERENDUM

A Northeastern University Club Sport Team

Adopted: 10 September 2014

Last Amended: 10 January 2015

This document will serve as the basis upon which members of the Northeastern University Swim Club, hereafter referred to NUSC, are expected to act.

Section 1: Rules and Regulations

Team Size:

NUSC shall be made up of no more than 70 total members, including each team's Executive Board.

Dues:

For any returning swimmer, dues shall be set at \$200.00 for the entire academic year, or \$120.00 per semester.

Any swimmer who is new to NUSC will be given the option to pay \$200.00 for the entire academic year, or \$80.00 for his or her first semester as a member of NUSC and \$120.00 for any semester after.

Dues will be non-refundable. The final date to pay dues will be two (2) weeks after the General Information meeting for all new or interested swimmers.

Try-Outs:

Any swimmer interested in joining NUSC will be required to complete a try-out, defined below, prior to paying dues.

Try outs will be divided into 2 sessions. Session 1 will take place immediately after the General Information meeting for all new or interested swimmers. Session 1 will consist of the following 2 parts:

1. All swimmers will be given 15 minutes to warm up in any way they see fit.
2. At the conclusion of the warm up period, swimmers will be asked to complete each of the following swims, from a dive:
 - a. 100 Freestyle
 - b. 100 Choice of Stroke, Other than Freestyle

c. 100 IM

Try-outs will not be based on time, but on technique, ability to swim the four competitive strokes, and the ability to complete the event defined above. It will be left to the discretion of the Executive Board and the coaches to determine whether a swimmer has successfully completed a try-out. At the conclusion of Session 1, each swimmer will be notified by a member of the Executive Board regarding the success of their try out and whether or not they need to attend Session 2.

Session 2 will take place the day after Session 1. Swimmers should arrive at the pool ready to swim an abbreviated practice with the Executive Board. This will last for approximately 75 minutes. Again, this try-out will not be based on times during each set. Final decisions regarding successful try-outs will be made by the Executive Board and Coaches following Session 2.

A swimmer will be notified within 48 hours of the completion of the Session 2 try-out if the Executive Board and coaches have deemed their try-out successful. A swimmer who successfully completes the try-out will be allowed to pay dues to secure his or her spot on the team. Try-out completion does not guarantee a spot on the team if the team's cap is reached before a swimmer has paid his or her dues.

Section 2: In-Season Meet & Travel Policies

Attendance

It is recommended that a swimmer attends four (4) practices in the two (2) weeks prior to a meet they plan to attend. If a swimmer is unable to attend a regularly scheduled practice time, he or she can email the team, and report a workout of at least 3,000 yards to serve as a substitution to practice.

Entries

Prior to each meet, swimmers will be asked to submit the events they wish to swim. The Executive Board reserves the right, with recommendations from coaches, to choose events for a swimmer in order to remain competitive as a team. The swimmer's submitted events will be taken into consideration when the Executive Board is compiling entries. Additionally, a swimmer's attendance in the weeks leading up to the meet shall determine the likelihood that the Executive Board chooses an event for a swimmer. Swimmers who attend a higher number of practices will be given a greater freedom to choose their own events.

Relays

Prior to each meet, swimmers will be given the opportunity to request to be included in relays. The Executive Board reserves the right, with recommendations from coaches, to select swimmers for all relays at a meet and the order in which they swim on the relay. Relay

spots will be assigned based on swimmer's performance and attendance at practice. Swimmers who attend a higher number of practices will be given a higher priority when choosing relay swimmers.

Travel Policies

There will be a charge to swimmers for all away meets that NUSC travels to. This charge will be based on number of swimmers attending, and hotel and other travel costs.

When a swimmer leaves campus with NUSC to travel to a meet, he or she is expected not to bring any illegal substances or paraphernalia with them. At every hotel, pool, or other facility that NUSC travels to, swimmers are expected to behave responsibly, represent NUSC and Northeastern University in a positive way, follow all rules set forth by the facility or host that NUSC is visiting, and act respectfully to all members of NUSC, other teams, coaches, hotel guests and staff, and any other individuals.

Section 3: National Championship Meet & Travel Policies

Cost

The cost of Nationals will be determined by the current E-Board by the end of the Fall Semester and will be based on hotel and travel costs, meet entry fees, money saved for Nationals, and the previous years' budgeting trends. The cost to each swimmer attending the meet will be announced during a team meeting at the beginning of the Spring Semester. Swimmers will be required to pay a \$100.00 deposit to secure their spot on the National Team for that year. Any remaining cost to each swimmer will be due at a later date as determined by the E-Board. The specific timeline for paying a deposit will be set by the E-Board and outlined at the first team meeting of the Spring Semester.

Attendance

It is recommended that swimmers attending Nationals attend at least 50% of the practices held during the regular season. If a swimmer is unable to attend a regularly scheduled practice time, he or she can email the team and report a workout of at least 3,000 yards to serve as a substitution to practice.

Relays

Relay entries will be submitted along with NUSC's individual entries. ECC Nationals restricts Clubs' to only one scoring relay. A-Relays will be determined by the current E-Board and coaches and will be comprised of the most qualified swimmers available to participate in them. B-, C-, etc.-Relays will be entered based on specified interest from the remaining swimmers attending the meet. Swimmers will be placed on the relays of their

choice, provided that that relay does not compromise a swimmers performance in another event.

Team Mentality

NUSC will travel to ECC Nationals with the intention to compete and place well both individually and as a team. From a team perspective, ECC Nationals is the culmination of the season. Everyone attending the meet with NUSC is expected to take the meet seriously, support their teammates (whether they are swimming during prelims or finals), and do anything they can to help the team as a whole place as well as possible.

Travel Policies

When a swimmer leaves campus with NUSC to travel to a meet, he or she is expected not to bring any illegal substances or paraphernalia with them. At every hotel, pool, or other facility that NUSC travels to, swimmers are expected to behave responsibly, represent NUSC and Northeastern University in a positive way, follow all rules set forth by the facility or host that NUSC is visiting, and act respectfully to all members of NUSC, other teams, coaches, hotel guests and staff, and any other individuals.